


Work Health And Safety: Safe Work Practice: Personal & Medical

Apply compression stocking

 Risks	Risk Level	Risk Controls
Infection of people from clients blood and other fluids	Likelihood: B Consequence: 3 Rating = HIGH	<input checked="" type="checkbox"/> Wear gloves <input checked="" type="checkbox"/> Provide prompt first aid if required
Infection of client from open wound	Likelihood: B Consequence: 3 Rating = HIGH	<input checked="" type="checkbox"/> Staff only complete this procedure if a Registered Nurse is unavailable <input checked="" type="checkbox"/> Registered Nurse to review all simple wounds at least every week or if the exudates / pain / redness continued <input checked="" type="checkbox"/> When cleaning wound area do not wipe through the wound as this will destroy good cells responsible for wound repair <input checked="" type="checkbox"/> Ensure wound is covered
Client/staff emotional distress due to fear of serious health problems or lack of confidence in first aid response	Likelihood: C Consequence: 4 Rating = MODERATE	<input checked="" type="checkbox"/> Staff explaining each step to client beforehand and ensure client is ready <input checked="" type="checkbox"/> Staff providing necessary reassurance to client and Coordinator supporting staff.

Equipment required:.

<i>Mercy Services equipment</i>	<i>Others equipment</i>
Items required to apply a dressing: Personal Protective Equipment required: disposable gloves	

Activity	Worker behaviour	Client/other's behaviour
1. Prepare to apply dressing	a) Wash your hands using aquim hand wash or antibacterial hand wash pump soap wash and clean hand towel in client's home b) Reads Care Plan / instructions re. same on pink chart in home. If unsure of procedure speak with Registered Nurse c) Gather materials d) Put blue sheet to put under client's leg or arm to prevent any exudates from the wound leaking onto the ground or other surfaces. e) Open all products ready for use including a plastic bag for rubbish. f) Open your first aid pack. g) Wash your hands h) Don gloves i) Reassure the client	Client to sit still, and engage in distracting conversation with worker and not look at the wound as this may distress her/him
2. Clean wound area	a) Flush the wound with the sterile salt water (<i>check it's date has not expired</i>)	Client to sit still, and engage in distracting conversation

Activity	Worker behaviour	Client/other's behaviour
	b) Wipe around the edges of the wound with gauze. Gently taking care not wipe across the wound as this may cause further damage to the skin tissue. c) Cleanse wound area with sterile saline or water -side , side around with one swab of gauze, d) Discard first swab e) Use, another piece of sterile gauze to wipe exudates from around wound	with worker and not look at the wound as this may distress her/him
3. Cover the wound	a) Apply the solosite gel, non touch with gauze square b) Apply atraumann carefully to cover the wound. c) Apply the melolin to the wound with the shiny side facing down d) Apply hypafix on top of melolin	Client to sit still, and engage in distracting conversation with worker and not look at the wound as this may distress her/him Client to tell worker if crepe bandage feels to tight
4. Follow-up	a) Ensure all rubbish is in plastic bag b) Remove gloves and place in plastic bag c) Tie plastic bag and place in bin d) Record task in client home file e) If necessary document the incident and report it to your Coordinator immediately	Client to tell worker if further bleeding or pain is felt

As at 25/08/16 this Safe Work Practice is authorised for use in:

<i>Service</i>	<i>Position</i>
Home Care Package	
Home Support Program/NDIS	Community Care Assistant
Residential Aged Care	Assistant in Nursing

Date for review of safe work practice: August 2019 (or if injury or changes require)

COMPETENCY ASSESSMENT

Apply compression stocking

Employee _____

Assessor _____

Date _____

Desired Outcome: For staff to apply compression stockings without causing injury or distress to self or client.

Knowledge required: Manual handling, use of stocking slider, rubber grip gloves, infection control principals and Safe work practices – practice of creams.

Performance Criteria	Competence demonstrated	Comment
Prepare to apply dressing		
a. Washes hands using aquim hand wash or with antibacterial hand wash pump soap wash and clean hand towel in client's home		
b. Staff member explains procedure to client and checks they are ready.		
c. Gathers materials		
d. Ensure client is comfortably seated (no stooping or bending of the back)		
e. Washes hands		
f. Dons gloves		
g. Legs should be washed and dried.		
h. Staff member applies moisturiser cream to legs sparingly.		
i. Staff member removes disposable gloves – washes hands with hand gel. (eg. Aquim)		
Apply compression stocking		
a. Staff member applies rubber gloves with grip.		
b. Staff member applies stocking slider over the foot and ankle, gently pushing stocking up the leg.		
c. If the client is able to help by pulling the stocking up the leg then please encourage them to do so.		
d. The top of the stocking should be at least 1cm under the knee (apply stocking glue to leg if needed).		
e. Check that the stocking heel is over the ankle.		
f. Gently remove the stocking slider, remove rubber gloves		
Follow-up		
a. Ensures all rubbish is in plastic bag		
b. Removes gloves and places in plastic bag		
c. Records task in client home file		
d. If necessary documents any incident and reports it to the Coordinator immediately		

Is the worker assessed as being competent? YES NO

Any required follow up action/training: _____

Signature of employee..... Date.....

Signature of assessor Date.....