


Work Health Safety: Safe Work Practice: Personal & Medical

Urinary Catheter Bags

|  Risks | Risk rating | Risk Controls |
|--|--|--|
| Infection from contact with body fluids, waste or germs | Likelihood: D Consequence: 4 Rating = MODERATE | <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Urinary catheter bags are replaced every seven days to prevent infection <input checked="" type="checkbox"/> Client to stay still during procedure <input checked="" type="checkbox"/> Reduce risk of splash by irrigating down and away from self <input checked="" type="checkbox"/> In the event of being splash – rinse well with water and report <input checked="" type="checkbox"/> Staff to wear gloves and eye protection during procedure <input checked="" type="checkbox"/> Wash hands after gloves removed |
| Injury to client or others from client fall/trip | Likelihood: C Consequence: 3 Rating = LOW | <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Staff to ensure client is in position where they will not need to move during the procedure <input checked="" type="checkbox"/> Allow plenty of time; don't rush the client or yourself. <input checked="" type="checkbox"/> Staff to help a client to steady themselves if they lose balance, but never attempt to catch them if they are falling. <input checked="" type="checkbox"/> Never allow client to use a walking frame to pull up from sitting in a chair or for balance when taking a seat in a chair. Use the arms of the chair, if any. |

Equipment required:.

| <i>Mercy Services equipment</i> | <i>Others equipment</i> |
|--|---|
| Worker to wear <u>footwear</u> that is fully enclosed, slip resistant sole, water repellent/resistant and provides adequate support. Personal Protective Equipment required: protective eyewear, gloves | Sterile urinary catheter bag, alcohol wipes and disposable rubbish bag, (aquim if no water for hand washing). |

| Activity | Worker behaviour | Client/other's behaviour |
|-----------------|--|--|
| 1. Prepare | <ul style="list-style-type: none"> a. Check that client's Care Plan for details on catheter needs b. Gather equipment with client's permission. Equipment may include: container with cap, clean, sterile urinary catheter bag, alcohol wipes, clean gloves, protective eyewear, and disposable rubbish bag. c. Explain procedure for changing bag to client, this will include what the client | <ul style="list-style-type: none"> a. client to take position required for safe conduct of this procedure b. client to relax |

| | | |
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| | <p>needs to do to assist you e.g. sit down or lie down.</p> <p>d. Wash hands.</p> <p>e. Put on sterile gloves and eyewear</p> | |
| 2. Remove and attach bag | <p>a. Swab around end of catheter where it connects to the drainage bag with alcohol wipe.</p> <p>b. Remove drainage bag carefully taking care to occlude the end of the catheter tube until you reconnect with a sterile catheter bag.</p> <p>c. Ensure new bag is pushed on firmly.</p> <p>d. Ensure catheter valve at the bottom of the catheter bag is closed off.</p> | a. Client to tell staff if they have any pain or concerns and not to move without first telling staff |
| or 2. Empty bag | <p>a. Take client to toilet or bring a clean container with cap to client</p> <p>b. Swab around valve at end of catheter bag with alcohol wipe.</p> <p>c. Open catheter bag valve</p> <p>d. Empty urine in to toilet or container</p> <p>e. Close catheter bag valve</p> <p>f. Swab around valve at end of catheter bag with alcohol wipe.</p> <p>g. Empty contents of container into a toilet (secure container before taking it to toilet)</p> | |
| 3. Dispose of old bag or waste container | <p>h. Dispose of used catheter bag or capped empty container by placing it in a disposable plastic bag.</p> <p>i. Remove your gloves and also place them in bag.</p> <p>j. Tie bag closed. Place in rubbish bin.</p> <p>k. Wash your hands.</p> | |
| 4. Final check | <p>a. Ensure client is comfortable.</p> <p>b. Check that urine is flowing into the catheter bag, if not get the client to drink a glass of water.</p> | |
| 5. Follow-up | <p>a. Record procedure in clients file.</p> <p>b. Document any incident and report it to your Coordinator immediately</p> | |

As at 25/08/16 this Safe Work Practice is authorised for use in:

| <i>Service</i> | <i>Position</i> |
|---------------------------|--------------------------|
| Home Care Package | Community Care Assistant |
| Home Support Program/NDIS | Community Care Assistant |
| Residential Aged Care | Assistant in Nursing |

Date for review of safe work practice: August 2019 (or if injury or changes require)

COMPETENCY ASSESSMENT

Urinary Catheter Bag

Employee _____

Assessor _____

Date _____

Desired Outcome:

For staff to change a client's urinary catheter bag without causing injury or distress to self or client

Knowledge required:

| Performance Criteria | Competence demonstrated | Comment |
|---|-------------------------|---------|
| 1. Prepare | | |
| a. Check that client's Care Plan for details on catheter needs | | |
| b. Gather equipment with client's permission. | | |
| c. Explain procedure to client | | |
| d. Wash hands. | | |
| e. Put on sterile gloves and protective eyewear | | |
| 2. Remove and attach bag | | |
| a. Swab around end of catheter where it connects to the drainage bag with alcohol wipe. | | |
| b. Remove drainage bag carefully | | |
| c. Ensure new bag is pushed on firmly. | | |
| d. Ensure catheter valve at the bottom of the catheter bag is closed off. | | |
| 2. Empty bag | | |
| a. Take client to toilet or bring container to client | | |
| b. Swab around valve at end of catheter bag with alcohol wipe | | |
| c. Open catheter bag valve | | |
| d. Empty urine in to toilet or container | | |
| e. Close catheter bag valve | | |
| f. Swab around valve at end of catheter bag with alcohol wipe | | |
| g. Empty contents of container into a toilet | | |
| 3. Dispose of old bag | | |
| a. Dispose of used catheter bag by placing it in a disposable plastic bag, | | |
| b. Remove your gloves and also place them in bag. | | |
| c. Tie bag closed. Place in rubbish bin. | | |
| d. Wash your hands. | | |

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|--|--|--|
| 4. Final check | | |
| a. Ensure client is comfortable. | | |
| b. Check that urine is flowing into the catheter bag, if not get the client to drink a glass of water. | | |
| 5. Follow-up | | |
| a. Record procedure in clients file. | | |
| b. Document any incident and report it to your Coordinator immediately | | |

Is the worker assessed as being competent? YES NO

Any required follow up action/training: _____

Signature of employee Date.....

Signature of assessor Date.....